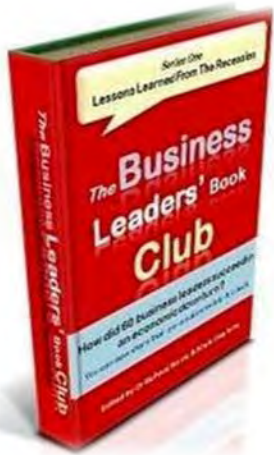
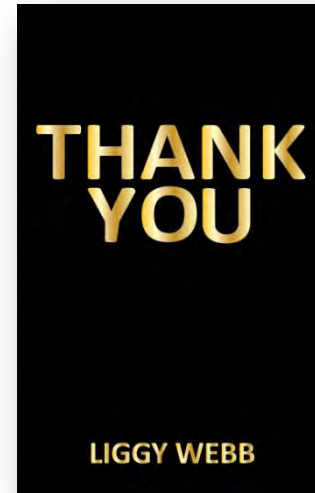
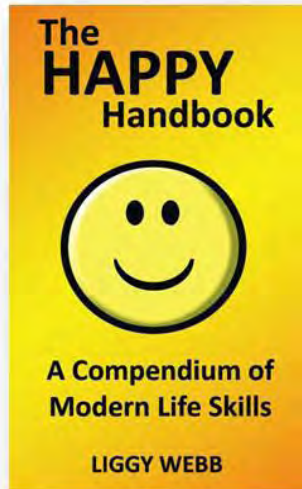
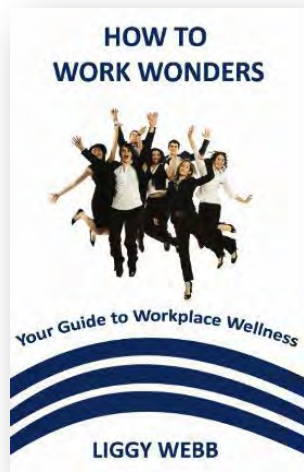




Happiness at Work Conference 2011





LIGGY WEBB

THE Learning ARCHITECT



Happiness at Work



What's on the agenda?

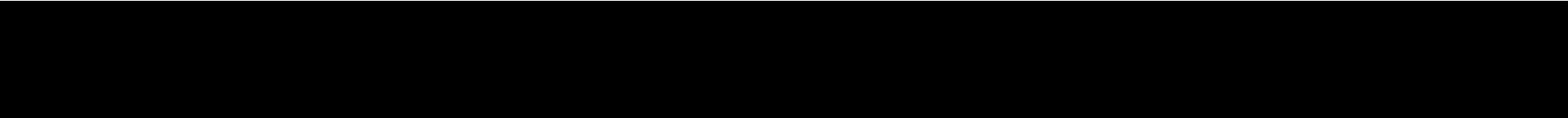








Workplace Challenges

- Workplace stress is increasing
 - Huge cost of absenteeism
 - Issues around presenteeism
 - More pressure to increase productivity
 - Mental health is affecting more people
 - Do more for less
- 

A business case for happiness





It pays to be happy



Happy people get sick less often



Happy people have more energy



Happy people are more optimistic



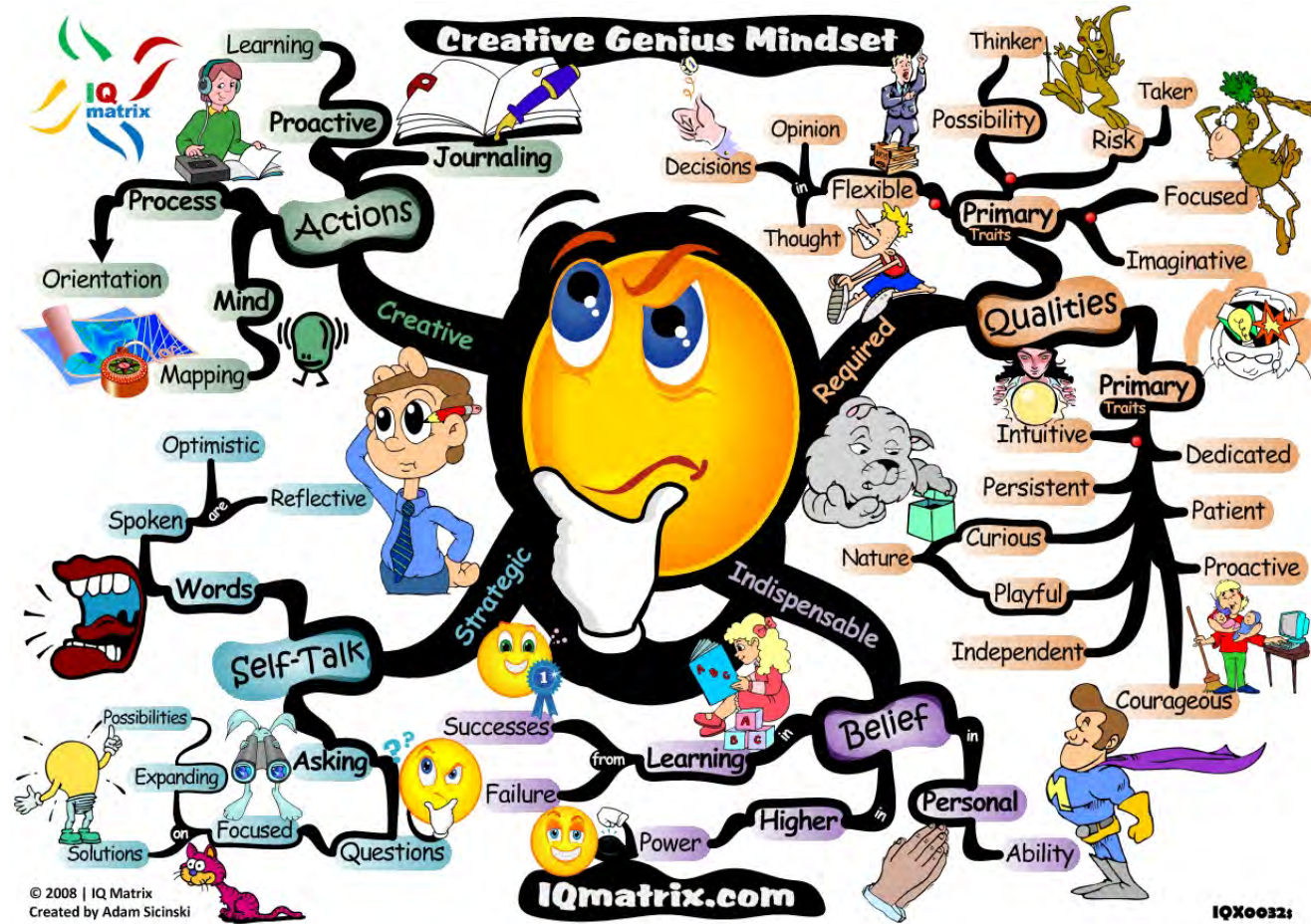
Happy people are more motivated



Happy people work better with others



Happy people are more creative



Happy people learn faster



Happy people make better decisions




What can you do?





Create a structure that supports people



Leadership - Developing high performing leaders and teams

Business Relationships - Influencing with integrity

Managing People - Responsible and supportive management

Modern Life Skills - Developing positive and adaptive behaviours

Workplace Wellness - Cultivating a healthy and happy culture

We hope that you enjoyed the day

